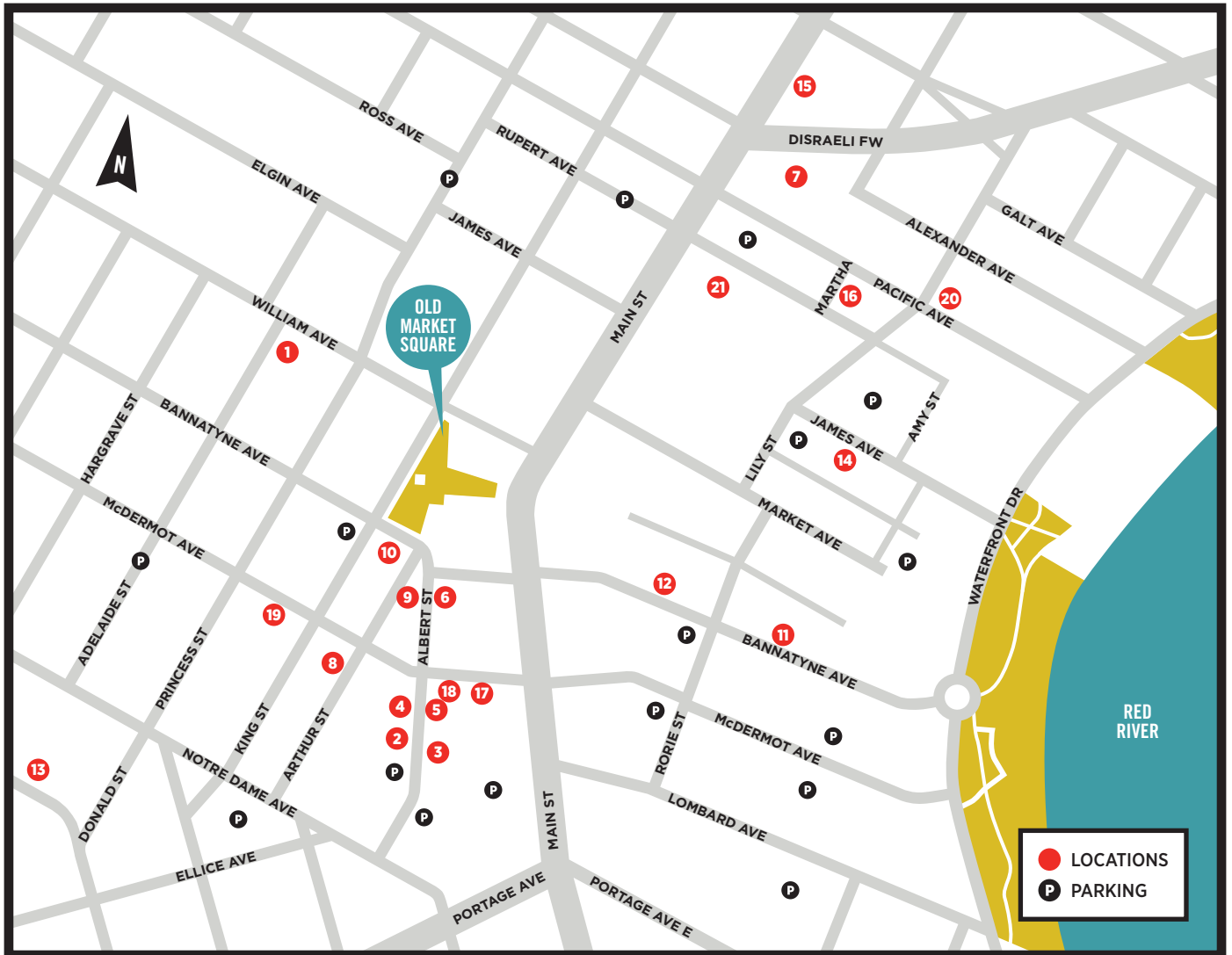


THE EXCHANGE

FIRST FRIDAYS



MARCH 3

5-9PM (AND LATER!)

ADELAIDE ST

- 1 125, 2nd fl CreBery Gallery + Studio** • 11am-9pm. *Ethereal* by Lori Ferguson. A series of oil paintings expressing humanity's ongoing search for something greater than we experience as mere mortal beings. Plus-new works in the auxiliary gallery. Masks required-we will provide if you need one.
- 3rd fl North Forge Fabrication Lab** • Stop in & learn how we can help you tap into your creative side! Discover how entrepreneurs transform their ideas into something tangible, and view what our members create!

ALBERT ST

- 2 62, 4th fl Artbeat Studio** • 1-9pm. Stained glass exhibition by Chris Johnson
- 3 63, Unit 210 Kathleen Crosby Gallery** • Art party! Everyone welcome! Featuring Jared Loewen, Marlene Roy, Ashley Segal, Rachele Rocher, Cole Cancilla + Kathleen Crosby.
- 4 68 Plant Lab Botanical Design** • 5-9pm. Pop in and shop the *Mini Market* with lots of fun local vendors. As always, the tunes will be playing all night long so come down for some shopping and good times.
- 5 75 Northlore** • Come try a shot of our house-made Fire Cider- if you dare! Fire Cider is a zesty herbal folk remedy of vinegar infused, wellness supporting ingredients to boost immunity and stoke your inner fire through these lingering winter days.

- 6 91, 2nd fl High Wax Candle Co.** • 5-9pm. *Sip & Shop: Practical Magic* featuring walk in Tarot readings by Momma Bat Witchery (1 card \$20 10-15 mins, or 3 cards 30 min. \$45) Guest vendor: Moon & Stone Designs Bringing the beauty of the moon and the sparkle of the sun using natural and semi precious elements! Comp. Drinks and snacks, all new candles & inventory different from last First Friday. 5 comp. goodie bags for first 5 spenders!

ALEXANDER AVE E.

- 7 184 OSEREDOK Ukrainian Cultural and Educational Centre** • 10am-8pm. Immerse yourself in sound, light, and imagery with 2 free exhibitions (each 30 min.) *The Immersive World of Ukrainian Art*, animated representations of artwork, set to original music. *Ukraine: Land of the Brave*, the voices of ordinary Ukrainians under the extraordinary circumstances of war. (16+). 5th fl Museum & Boutique are also open.

ARTHUR ST

- 8 70 Mäs Coffee Co.** • Open to 9pm serving up hot beverages!
- Unit 615 Studio 6** • 5 -9pm. Painting, Drawing, Photography, Video & Digital Art and Sound. Thor Aitkenhead with Brian Longfield.
- 9 91 Seduta Art** • Noon-8pm (or later) with a bunch of new arts, crafts, and stationery supplies!
- 10 100, Main fl Platform centre for photographic + digital arts** • 6-9pm OPENING RECEPTION: *Notes on Self Invention* New work by Glodi Bahati (2022 PLATFORM Photography Award Winner) Exploring the ways memory gives birth to our self mythos, and the complicated nature of shared memory.

BANNATYNE AVE

- 11 141 Katie + Gunner Gallery** • Open to 7pm (or later) Join us for a preview of our new show! *Recent Acquisitions Spring 2023*
- 12 171 Ashdown Cannabis + First Friday Art Gallery** • 10am-midnight. Gallery artist David Blair will be live painting! Find his work on Instagram @paintdab

CUMBERLAND AVE

- 13 329 C2Centre for Craft** • 6-9pm OPENING. *Gather: Indigenous Beadwork, Embroidery and Quillwork*. Remarks at 7pm. Light refreshments.

JAMES AVE

- 14 132 Rubia Darya Gallery** • Join us for *Rug Talks and Tea* and see our handwoven tribal rugs and textiles from Afghanistan, Turkmenistan, Persia, and The Caucasus. Our vintage and antique rugs are one-of-a-kind and have their own story to tell. Travel across the world with us. A wide range in prices, and newly received stock. Offering tea and chocolates.

MAIN ST

- 15 611 MAWA Mentoring Artists for Women's Art** • Noon-1pm Lecture: *Living in America* Daina Warren, former director of Urban Shaman, discusses her experiences as a new transplant to Santa Fe, New Mexico and the differences between the Canadian and American visual art worlds. Zoom link @mawa.

MARTHA ST

- 16 11 Martha Street Studio** • Opening reception 5-8pm: *WOW MOM*. Marlene Yuen (BC) and Vanessa Hall-Patch (BC) consider the parallels of parenting and printmaking. Masks required inside the building. Snacks and refreshments will be available.

McDERMOT AVE.

- 17 212 Mayberry Fine Art** • *Celebrating Canadian Women Artists*. In celebration of International Women's Day on March 8th, we proudly present a collection of some of Canada's beloved historical and contemporary women artists.
- 18 222 Warehouse Artworks** • 5:30-9pm. Featuring our collection of Manitoba artists.
- 19 288, 2nd fl All About Theatre + Gallery** • Art Sale! Featuring Sharon Cory, Heidi Hunter, Wendy Kroeker, and more!!! And for those who would like to sample a free 45 minute class in Argentine Tango, you are welcome to put on your dancing shoes ! Class starts at 7:30.
- 5th fl Lennard Taylor Design Studio** • Drop in for a free tour of *Reimagine Fashion*: an interactive educational experience on the detrimental clothing industry. Get your hands dirty and explore the societal wrong of fast fashion with LT. All ages are welcome.
- 6th fl Kev Ten** • Always new work to be seen including *Cement Zeppelin*. Come say hi and enjoy this fine space. Everyone welcome.

PACIFIC AVE

- 20 125 La Brasserie Nonsuch Brewing Co.** • Join us for a special, one night only menu prepared by guest chefs Randy Khounnoraj and Aiden Thanh Tu.

RUPERT AVE

- 21 190 The Manitoba Museum** • Join us from 4-9pm for free general admission to our three core attractions—the Museum Galleries, Planetarium, and Science Gallery!